

SUICIDE RISK FORMULATION



Current Suicidal Intention

Frequency and intensity of suicidal thoughts; concrete suicidal plans; acquired capability.



Risk factors

Factors which may increase vulnerability and suicide risk.



Sources of help

Available sources of help (e.g. coping skills, social support, professional help,...) which may reduce suicide risk.



Predictable changes

What could rapidly increase or decrease the suicide risk (e.g. specific events or interventions in the near future)?